

EMERGENCY FIRST AID AT WORK

NHS
East of England
Ambulance Service
NHS Trust



*This course is ideal for smaller workplaces with few health and safety risks, or anyone who requires a comprehensive one-day first aid course. This qualification is **valid for 3 years** with ½ day annual refresher courses strongly advised.*

Course length: 1 day (6 hours)

Awarding body: FutureQuals

Max. number of delegates: 12

Some of the topics covered:

- * Assessing a scene
- * Casualty assessment
- * Using first aid equipment
- * Assisting the ambulance service
- * Cardio Pulmonary Resuscitation
- * Unconsciousness
- * Choking
- * Seizures
- * Shock
- * Wounds & bleeding
- * Infection Control
- * Incident reporting & record keeping



We can provide your organisation with an **on-site first aid needs assessment** and bespoke our teaching to focus on topics which are relevant to you. Our experienced tutors can create industry-specific scenarios which will reinforce learning and bring courses to life.

Our regional training centres are located in Norfolk, Suffolk, Cambridgeshire, Bedfordshire, Hertfordshire and Essex. Alternatively, we can teach courses conveniently at your premises.

FOR QUOTES & BOOKINGS CONTACT:

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Web: www.eastamb.nhs.uk/FirstAidTraining

EAST OF ENGLAND AMBULANCE SERVICE

Commercial Training Services

Norwich Training Centre

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Get trained by the professionals...