

**East of England Ambulance Service** 

NHS Trust



**Hospital Lane  
Hellesdon  
Norwich  
NR6 5NA**

Tel: 0845 6013733



**From the A11** 

- Follow the A11 towards Norwich until you reach the roundabout junction with the A140.
- Take the first exit and continue on the A140 Outer Ring Road following signs for Cromer.
- Continue straight over two roundabouts.
- As you approach Asda turn left onto the A1067.
- Continue pass the Royal Norwich Golf Club on the left, turn left onto Hospital Lane.
- We are situated on the right hand side.

**From the A140/Ipswich** 

- Follow the A140 towards Norwich.
- Take a left at the traffic lights to take you onto the A140 Outer Ring Road.
- Follow the signs for Cromer continuing straight over three roundabouts.
- As you approach Asda turn left onto the A1067.
- Continue pass the Royal Norwich Golf Club on the left, turn left onto Hospital Lane.
- We are situated on the right hand side.

**By Train** 

- Norwich is the nearest mainline railway station.
- We are a 15 - 20 minute taxi ride from the station.
- For further information on train times and fares please call the National Rail Enquiry Line on 08457 48 49 50, or visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

